Sex and Gender in Cardiovascular Diseases

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Women and men differ in atherosclerosis development, in coronary pathophysiology, in the cardiovascular response to pressure overload and exercise and many others. To understand sex specific mechanisms, animal and cell culture models of ischemic, hemodynamic and neurohormonal stress as well as modified sex hormone receptor expression are used. Gender differences arise from different life situations in women and men. Prof. Vera Regitz-Zagrosek is the founder of the Institute for Gender in Medicine at Charité and an internationally recognized leader in the field of sex and gender sensitive biomedical research.

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