Identifying (and possibly treating) congestion in patients with chronic heart failure

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Congestion is one of the most important therapeutic targets in patients with heart failure: it causes symptoms and is the most important cause of admissions for heart failure. Identifying and managing congestion are obvious key tasks of the heart failure physician; but they are also very difficult. Congestion is not always clinically evident, and more objective measures of congestion than simple clinical examination might be helpful. Thus, the role of novel modalities to identify congestion in patients with chronic heart failure will be reviewed by Dr. Pellicori.

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