Iron for Heart Failure
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Iron deficiency does not always receive sufficient attention in daily clinical practice. Diagnostic and treatment possibilities are underutilized. This leads to a negative impact on patients' quality of life, exercise capacity, and treatment response, especially in patients with chronic diseases. Prof. Anker will discuss the scientific evidence connecting iron deficiency to reduced exercise capacity and myocardial dysfunction. He will point out important diagnostic parameters that should be assessed to detect iron deficiency and argue for the necessity for early and sufficient iron supplementation.